

FORT SILL SHAMROCK 5K

MARCH 19 • PATRIOT CLUB

\$35 • RUN STARTS AT 3 PM

MEDAL, SHIRT & \$5 DRINK VOUCHER AT JACK DANIELS LOUNGE

OPEN TO THE FORT SILL & ALL SURROUNDING COMMUNITIES

REGISTER ONLINE AT WEBTRAC.MWR.ARMY.MIL

FOR MORE INFORMATION VISIT: SILL.ARMYMWR.COM



REGISTRATION FORM

NAME: _____ AGE: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

CATEGORY: ☐ 5K RUN

ADULT T-SHIRT SIZE (MARK ONE): ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

COST: \$35 WITH T-SHIRT & MEDAL | TOTAL PAYMENT _____

REGISTER BY MARCH 7TH TO GUARANTEE YOUR T-SHIRT SIZE

LIABILITY WAIVER: PLEASE READ BEFORE SIGNING.

I know that participating in a distance running event is potentially hazardous. I should not enter unless I am medically able and properly trained. I know that traffic control is provided, but there is a possible danger. I assume the risk of running in traffic. I also assume any and all other risks associated with the running event, including weather, contract, road conditions and all other risks known and appropriated by me. I agree to yield to emergency vehicles. I hereby for myself, my heirs, my executors, or anyone who might claim on my behalf, convenient not to sue, and waive and release the Fort Sill's Family and Morale, Welfare and Recreation Directorate, USAF&F/Oklahoma, the Fort Sill installation, race officials, volunteers and any sponsors from any claim or liability for death, personal injury or property damage arising from my race participation. The undersigned grants full permission for Fort Sill's Family and Morale, Welfare and Recreation Directorate and/or sponsors to use any photographs or video tapes of this event. Applications for minors will be accepted only with the signature of a parent or guardian.

PHOTO RELEASE REQUIRED: PLEASE READ BEFORE SIGNING.

I hereby give my permission to Fort Sill, Family and Morale, Welfare, and Recreation to use my photograph, or photographs whether still, video tape or television, or my likeness, sketch, drawing, or painting, as well as recordings of my voice and my name in any legal and accepted manner for news or advertisement.

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT/GUARDIAN (If under age 18): _____ DATE: _____