

IMSI-MWR 1 November 2017

MEMORANDUM FOR DISTRIBUTION

SUBJECT: 2018 Fort Sill Intramural 10K Run Memorandum of Instruction

1. PURPOSE. This memorandum, prescribes the procedures and rules for conducting the 2018

Fort Sill Intramural (IM) 10K Run.

1. GENERAL. The 2017 Fort Sill IM 10K Run will be scheduled as follows:

**Entry (LOI) Installation**

 **Suspense** **Championship**

 9 Aug 18 16 Aug 18

1. ELIGIBILITY and TEAM COMPOSITION:

a. IAW USAFCOEFS PAM 215-1

 b. Only active duty military personnel assigned or attached to Fort Sill on official orders are eligible to participate in the Fort Sill Intramural Sports Program.

 c. Participation is unlimited.

1. EVENT CONDUCT:

1. **NO DAY-OF REGISTRATION.**
2. Registration deadline is 9 August 2018.
3. Registrations must be sent to the Sports Office with the following information:

Name, Gender, Age and Brigade before COB 9 August 2018. NO EXCEPTIONS!

1. Race will be timed using chip timing.
2. Timing chips are required of all registered participants and will be available for pick

up at the Start / Finish line from 0500-0545.

1. Runners racing without a timing chip will not receive an official time for the race.
2. The race will start at 0600, Thursday, 16 August 2018 at the Patriot Club.
3. AWARDS:
4. Medals will be presented to the top finisher in each age category.
5. Age Categories IAW AR 215-1 are:

**Men Women**

17 – 21 17 – 21

22 – 26 22 – 26

27 – 31 27 – 31

32 – 36 32 – 36

37 – 41 37 – 41

42 & Over 42 & Over

1. A team trophies will be presented to the 1st Place Team. Individual medals

will be presented to the 1st place finishers in each age category.

1. COMMANDER’S CUP POINTS: Awarded IAW USAFCOEFS PAM 215-1.

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 Intramural Sports

 Coordinator