

IMSI-MWR 1 November 2017

MEMORANDUM FOR DISTRIBUTION

SUBJECT: 2018 Fort Sill Intramural Swimming Championship Memorandum of Instruction (MOI).

1. PURPOSE. This memorandum, IAW USAFCOEFS PAM 215-1, prescribes the procedures

and rules for conducting the 2018 Fort Sill Intramural (IM) Swimming Championship.

1. GENERAL.
2. The 2018 Fort Sill IM Swimming Championship will be scheduled as follows:

 **Entry (LOI) Coaches Installation**

 **Suspense Athletic & Recreation (A & R) Rep Championship**

 **Meeting**

 17 Sep 18 19 Sep 18 Sat 22 Sep 18

1. The coaches and / or A & R meeting will be held at 1100 hrs on 19 September 2018 at

the Fires Fitness Center 2nd floor Bldg 3290 Crane Road, Fort Sill.

1. ELIGIBILITY:
2. IAW USAFCOEFS PAM 215-1, Para

b. Only active duty military personnel assigned or attached to Fort Sill on official orders are eligible to participate in the Fort Sill Intramural Sports Program.

 c. Participation is unlimited.

1. EVENT CONDUCT:
2. The 2018 Installation Championship Swim Meet will be held at Rinehart Indoor Pool on

22 September 2018. The Swim Meet will start IAW timeline listed below.

1. A mandatory coaches, or athletic & recreation (A & R) clinic will be held Wednesday, 19

September 2018 1100hrs, at the Fires Fitness Center 2nd floor Bldg 3290 Crane Road, Fort Sill. The following issues will be discussed at the meeting:

1. Coaches or A & Rs will turn in entries for all meet events.
2. Swim Meet procedures will be discussed.
3. All entries must be submitted at this meeting, only scratches and replacements will be

accepted on the day of the race.

1. EVENT SCHEDULE:

0800 Rinehart Indoor Pool opens

0800-0830 Warm-up sessions

0800-0815 Coaches or A & R meeting (Heat sheets issued and scratches identified)

0815-0830 Timers meeting

 0830-0835 National Anthem

 0836-UTC IM Swim Meet

1. EVENTS: The competition will consist of the following events in order. All events are

timed as finals.

1. Women 400m Free Relay
2. Men 400m Free Relay
3. Women 50m Free
4. Men 50m Free

INTERMISSION 15 MINUTES

1. Women 200m IM
2. Men 200m IM
3. Women 800m Free
4. Men 800m Free

INTERMISSION 15 MINUTES (Medal Presentation for individual events)

1. Women 100m Breast Stroke
2. Men 100m Breast Stroke
3. Women 100m Back
4. Men 100m Back
5. Women 100m Butterfly

INTERMISSION 15 MINUTES

1. Men 100m Butterfly
2. Women 100m Free
3. Men 100m Free
4. Women 200m Medley Relay
5. Men 200m Medley Relay
6. AWARDS: A team trophy will be presented to the 1st Place team, at the conclusion of the

swim meet. Individual medals will be presented to the 1st place finishers for each event, beginning at the second intermission.

1. SCORING SYSTEM. The scoring for all events is listed below.

**Individual** **Relay**

1st 5 pts 1st 10 pts

2nd 3 pts 2nd 5 pts

3rd 1 pt 3rd 2 pts

1. Commander’s Cup points will be awarded IAW USAFCOEFS PAM 215-1.

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