

Learn to Swim Classes

Classes will be held
two times a week
for four weeks.

Winter Session 1

Jan 8 - Jan 31

New Program Participant
Swim Evaluation: Dec 1, 8, & 15
Registration Opens: Dec 17
Closes: Jan 3

Winter Session 2

Feb 12 - Mar 2

New Program Participant
Swim Evaluation: Feb 2
Registration Opens: Feb 4
Closes: Feb 7

Spring Session 1

Mar 26 - Apr 18

New Program Participant
Swim Evaluation: Mar 9 & 16
Registration Opens: Mar 11
Closes: Mar 21

Spring Session 2

Apr 30 - May 23

New Program Participant
Swim Evaluation: Apr 20
Registration Opens: Apr 22
Closes: Apr 25



**American
Red Cross**

New Learn to Swim participants are highly encouraged to have swim evaluation prior to enrolling.



Cost: \$40

All children must be registered through Child & Youth Services by CYS Parent Central Services at (580) 442-3927.

Parent and Child

Tuesday & Thursday 4:50 p.m. - 5:20 p.m.

Prerequisites:

- 1) No skill prerequisites
- 2) Child must be at least 6 months old to enroll
- 3) Parent or other caregiver must accompany each child into the water and participate in each class.

Pre-School Aquatics Level 1:

Tuesday & Thursday 4:10 p.m. - 4:40 p.m.

Prerequisites:

There are no skill prerequisites for Preschool Aquatics Level 1. Participants start at about 4 and 5 years old.

Pre-School Aquatics Level 2:

Tuesday & Thursday 4:50 p.m. - 5:20 p.m.

Prerequisites:

Successfully demonstrate the exit skills assessments from Pre-School Aquatics Level 1.

Pre-School

Aquatics Level 3:

Tuesday & Thursday 5:30 p.m. - 6:00 p.m.

Prerequisites:

Successfully demonstrate the exit skills assessments from Pre-School Aquatics Level 2.

Swim Level 1: Introduction to Water Skills

Tuesday & Thursday 5:30 p.m. - 6:00 p.m.

Prerequisites:

None- participants start at about 6 years of age.

Swim Level 2: Fundamental Aquatics

Tuesday & Thursday 6:10 p.m. - 6:40 p.m.

Prerequisites:

Valid American Red Cross LTS Level 1 certificate or successful demonstration of all certification requirements from Level 1.

All classes will be held inside Rinehart Pool located at Rinehart Fitness Center, 2730 Bragg Road, Fort Sill, OK 73503.

Swim Level 3: Stroke Development

Tuesday & Thursday 6:10 p.m. - 6:40 p.m.

Prerequisites:

Valid American Red Cross LTS Level 2 certificate or successful demonstration of all certification requirements from Level 2.

Swim Level 4: Stroke Improvement

Tuesday & Thursday 6:50 p.m. - 7:20 p.m.

Prerequisites:

Valid American Red Cross LTS Level 3 certificate or successful demonstration of all certification requirements from Level 3.

Swim Level 5: Stroke Refinement

Tuesday & Thursday 6:50 p.m. - 7:20 p.m.

Prerequisites:

Valid American Red Cross LTS Level 3 certificate or successful demonstration of all certification requirements from Level 3.

All classes, times and locations are subject to change depending on staffing, military training obligations, construction, weather, etc. Make up days will be scheduled on Friday when necessary.

For registration, please visit:
<https://webtrac.mwr.army.mil/webtrac/sillcyms.html>

Or contact:
Parent Central Services
CYS Services
(580) 442-3927/4836

For more information, please contact
Mr. Jason Browning
Aquatic Manager
Fort Sill, OK
(580) 442-6200/6175
jason.w.browning.naf@mail.mil

Fort Sill Family and MWR Aquatic Facilities:

Rinehart Pool (Year Round)

Mon - Tue	6:00 am - 1:00 pm 4:00 pm - 7:30 pm
Wed	6:00 am - 1:00 pm
Thur-Fri	6:00 am - 1:00 pm 4:00 pm - 7:30 pm
Sat	12:00 pm - 4:00 pm
Sun	C L O S E D
Holidays	8:00 am - 1:00 pm

Quinette Pool & Spray Park

CLOSED FOR THE SEASON



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For FREE Adult Swim Lessons, please
contact the Fort Sill Family and MWR
Aquatics Staff at Rinehart Indoor Pool
at (580) 442-6186.

**Fort Sill
Family and MWR
Aquatics**

Learn to Swim

Winter & Spring 2019



**American
Red Cross**