**Statement of Non-Participation**

**Waiver of Communication**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DO NOT wish to be contacted regarding ANY Family Readiness Group or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ unit functions such as fundraisers, meetings, socials, Company or Battalion gatherings, newsletters, as well as e-mails regarding installation activities/events, and unit-specific information.

I understand that by signing this statement of non-participation that I will not receive any information from the FRG in reference to any of the events listed above, as well as information pertaining to Pre-Deployment, Deployment or Re-Deployment.

I understand that this notice may be rescinded at any time if I so choose. I must contact one of the following: the FRG Leader, the Family Readiness Liaison, the Commander or Rear Detachment Commander (RDC) to re-establish contact with the FRG.

I understand that I will not be contacted for any reason or with any information by the FRG.

I will only be contacted by the unit in the event there is a specific incident pertaining to my Soldier that has come through official military channels.

I understand that opting out of communication attempts does not alleviate the Soldier of his/her responsibilities in accordance with AR 600-20, 5-10 (9) as follows:

(9) Soldiers bear primary responsibility for their Family and personal affairs readiness. They should support and

participate in the TAFP. At a minimum Soldiers will—

*(a)* Keep themselves and their Families informed concerning key (unit) personnel information, benefits, programs,

and ensure that information regarding the TAFP is provided to Family members.

*(b)* Support, and where appropriate, encourage their Family members to support programs, services and activities

designed to maintain and/or enhance the quality of life and well being of all members of the Total Army Family, for

example, FRG, Deployment Cycle Support training, Army Family Team Building, and so forth Many of those

programs, services, and activities are primarily dependent upon volunteers to ensure their success and continued

effectiveness.

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Spouse Signature Soldier Signature

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Date Date

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FRG Leader Commander/RDC

CC: FRL/FRG Leader