

# CYS FORT SILL YOUTH SPORTS & FITNESS

## 2020 CALENDAR

	SPORT	AGE / COST	REGISTRATION DATES	SEASON
Winter	12U All Boys / All Girls Basketball	10-12 / \$45	Oct 14 - Nov 15, 2019	Nov 18, 2019 - TBD 2020
	Winter Basketball	5-9 / \$45	Nov 11 - Dec 13, 2019	Jan 6 - Feb 13, 2020
Spring	U12 Soccer	By Birth Year TBD / \$45	Jan 2 - Feb 6, 2020	TBD Lawton Soccer Club
	Soccer	5-9 / \$45	Jan 6 - Feb 6, 2020	Feb 24 - Apr 9, 2020
	Track	7-18 / \$45	Feb 10 - Mar 10, 2020	Mar 23 - Apr 30, 2020
	12U Baseball	10-12 / \$45	Jan 6 - Feb 20, 2020	Feb 24 - TBD, 2020
	Baseball	5-9 / \$45	Feb 24 - Mar 26, 2020	Apr 13 - May 23, 2020
Summer	Archery	8-18 / \$65	Apr 14 - May 14, 2020	May 26 - June 30, 2020
	Summer Camps	8-18 / \$25 per week	Apr 30 - May 22 (June Camps) June 1 - 25 (July Camps)	
	Girls Volleyball	9-12 / \$45	July 1 - July 30, 2020	Aug 3 - Nov 6 Lawton League
Fall	U12 Soccer	By Birth Year TBD / \$45	July 1 - Aug 11, 2020	Aug 17 - TBD, 2020
	Soccer	5-9 / \$45	July 1 - Aug 6, 2020	Aug 24 - Oct 10, 2020
	Golf	7-18 / \$65	Aug 14 - Sep 11, 2020	Sep 23 - Oct 28, 2020
	Flag Football	5-9 / \$45	Sep 8 - Oct 8, 2020	Oct 19 - Nov 24, 2020
Winter	12U All Boys/All Girls Basketball	10-12 / \$45	Oct 6 - Nov 20, 2020	Practice: Nov 2020 Games: January 2021 TBD
	Winter Basketball 2021	5-9 / \$45	Nov 16 - Dec 14, 2020	January 2021 TBD

### VOLUNTEER COACHES NEEDED

The amount of teams offered depends on number of cleared volunteer coaches.

Players wishing to move up in age groups, can only move up one year following an approved skills test by Youth Sports staff.

\*The above information is subject to change due to cleared volunteer involvement, participation enrollment, partnership schedules and available facility usage (practice/games).

## START SMART SPORTS

### AGES 3-4

Start Smart programs coincide with the season for older age groups. Parent involvement is pivotal for program structure. A max of 20 children will meet two days a week where the Start Smart skills practice plan will be implemented by parents/volunteer coaches. Children will be divided into smaller groups with an adult and will rotate stations practicing different sport specific drills. The last two weeks will include games.

SPORT	COST	REGISTRATION DATES	SEASON
Winter Basketball	\$25	Nov 11 - Dec 13, 2019	Jan 6 - Feb 13, 2020
Spring Soccer	\$25	Jan 6 - Feb 6, 2019	Feb 24 - Apr 9, 2020
T-Ball	\$25	Feb 24 - Mar 26, 2020	Apr 13 - May 21, 2020
Fall Soccer	\$25	Jul 1 - Aug 6, 2020	Aug 24 - Oct 8, 2020
Flag Football	\$25	Sep 8 - Oct 8, 2020	Oct 19 - Nov 24, 2020
Winter Basketball 2021	\$25	Nov 16 - Dec 14, 2020	January 2021 TBD

All participants must be currently registered with Child and Youth Services to enroll in Youth Sports & Fitness programs.

A current sports physical is mandatory for all team and individual sports as well as the influenza vaccination.

Registration/Enrollment can be done with CYS Parent Central Services (580) 442-3486/1098/3927/4836

in building 4700 or enroll on WebTrac [webtrac.mwr.army.mil](http://webtrac.mwr.army.mil)

For more information please call the Youth Sports & Fitness office at (580) 442-5926/5420.

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(580)442-5926/5420  
Sill.ArmyMWR.com



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## 2020 FITNESS CALENDAR

	SPORT	AGE / COST	REGISTRATION	SESSION/DAYS/TIMES	BEGIN/END
<i>Fall</i>	Teen Functional Fitness	6th-12th Grade / Free	Open/Continuous	Tue/Thur 1630 Youth Center	Oct 1, 2019 - May 21, 2020
<i>Winter</i>	FCC Winter/Spring Gross Motor	FCC Providers / Free	FCC Enrolled Children	Mondays 09:30 - 10:30	Jan 7 - May 26, 2020
	Homeschool PE Spring	5-18 / Free	Open/Continuous	Tuesdays/1330 - 1430	Jan 7 - May 26, 2020
<i>Spring</i>	Spring 5K/10K Training	5-18 / Free	Feb 3 - Mar 5, 2020	Mon/Wed 1745 Tue/Thur 1745 Prichard Field	Mar 9 - May 7, 2020 Quarry Run
<i>Summer</i>	Weight Training	6th-12th Grade / Free	(June) May 1 - 29 (July) June 1 - 29	Mon/Wed 1400 Tue/Thur 1400 Youth Center	Jun 1 - 29 / July 1 - 29
	Summer 5K/10K Training	5-18 / Free	June 8 - July 9, 2020	Mon/Wed 1745 Tue/Thur 1745 Prichard Field	July 13 - Sep 10, 2020 Devil Dog Run
<i>Fall</i>	FCC Fall Gross Motor	FCC Providers / Free	FCC Enrolled Children	Mondays 09:30 - 10:30	Aug - Dec, 2020
	Homeschool PE Fall	5-18 / Free	Open/Continuous	Tuesdays/1330 - 1430	Aug - Dec, 2020
	Zombie 5K Training	5-18 / Free	Aug 17 - Sep 17, 2020	Mon/Wed 1745 Tue/Thur 1745 Prichard Field	Sep 21 - Oct 22, 2020 LETRA Fall Festival & 5K
	Fall 5K/10K Training	5-18 / Free	Aug 17 - Sep 17, 2020	Mon/Wed 1745 Tue/Thur 1745 Prichard Field	Sep 21 - Nov 19, 2020 Run for the Fallen

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Participants must complete at least half of the 5k/10k trainings to be registered in the runs.

**All participants must be currently registered with Child and Youth Services to enroll in Youth Sports & Fitness programs. A current sports physical is mandatory for all team and individual sports as well as the influenza vaccination. Registration/Enrollment can be done with CYS Parent Central Services (580) 442-3486/1098/3927/4836 in building 4700 or enroll on WebTrac [webtrac.mwr.army.mil](http://webtrac.mwr.army.mil)**  
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