

SILL F.A.C.T.S. FAMILY AND COMMUNITY TEAM SESSION

September 3, 2024





Sill F.A.C.T.S. Slides



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WELCOME AND OPENING REMARKS



U.S. ARMY





TEAM SILL RECOGNITION





COMMUNITY CALENDAR

Happenings on and *off Post!

Virginia Aid
Community Relations Liaison

virginia.r.aid.civ@army.mil



Week of September 1-6

Tuesday, 9/3:

NPSP Smart Sprout Class - Five Love Languages. ACS Playgroup Bldg. 9:30 AM.

Overseas Briefing. BLDG 4700 RM 227. 10 AM.

* **Storytime.** Lawton Library. (580)-704-9372. 10 AM.

* **Teen Craft, Painted Totes.** Lawton Library. (580)-704-9372. 10 AM.

NPSP Parent Education Class - Newborn Care. ACS Playgroup Bldg. 10:45 AM.

* **Elgin Community Library.** Adult-ish Game Night. 6:30PM.

Wednesday, 9/4:

* **Mobile Wellness Unit.** Lawton Library. (580)-704-9372. 10 AM.

Story Time w/ NPSP. NYE Library. 580-442-4916. 10:00 AM.

* **Elgin Community Library.** Wiggles Story Time. 10:30 AM.

Storytime. NYE Library. (580)-442-2048. 11 AM.

NYE Library Storytime. 11AM. NYE Library. (580)-442-2048. 11 AM.

USO: Fueling the Troops. Spaghetti & Meatballs. USO Building. 11:30 AM.

Financial Readiness - Disabling Condition. BLDG 4700, Rm 216 or Virtual. (580)-442-3080/4916. 2:30 PM.

Maker Space Kids. NYE Library. 4 PM.

Thursday, 9/5:

Playgroup w/ NPSP. ACS Playgroup Bldg. 9:30 AM.

Resume Basics Workshop. Bldg 4700 Rm 227. 10 AM.

Interview Tips and Salary Negotiation. Bldg 4700 Rm 227. 11 AM.

* **STEM: Tinkercad.** Lawton Library. (580)-581-3450. 4:30 PM.

* **Elgin Community Library.** STEAM. 10:30 AM.

* **Elgin Community Library.** Let's Talk About it. 6:30 PM.

Friday, 9/6:

NYE Library Storytime. NYE Library. (580)-442-2048. 10AM.

* **Hunger Games Movie Night.** McMahan Auditorium. 6 PM.



Week of September 7-11

Saturday, 9/7:

***Elgin Community Library.** Book n' Hookers Crochet group 9 AM-12 PM.

Story Time. NYE Library. 10.30 AM.

Comedy Night. Patriot Club. 15\$ in advance, 20\$ at the door. 6 PM & 8 PM.

Cosmic Bowling. Twin Oaks. 7 PM – 9 PM.

Sunday, 9/8:

Grandparents Day. Twin Oaks. Grandparents bowl for free accompanied with grandchild, \$2.75/ game for child+seniors, \$3.50/shoes. 11 AM - 6 PM.

USO: Come Meet Ottie. USO Building. 12 PM- 2 PM.

Monday, 9/9:

Open Play Zone w/ NPSP. ACS Playgroup Bldg. (580)-442-4916. 9:30 AM.

Community Volunteer Confab. MWR Training Room or Virtual. 11:30 AM

***Middle Makers.** Lawton Library. 6 PM.

Tuesday, 9/10:

USO: Spouse Connections. USO Building. 8:30 AM.

NPSP Smart Sprout Classes - Feelings. ACS Playgroup Bldg. 9:30 AM.

***Storytime.** Lawton Library. (580)-704-9372. 10 AM.

EFMP Playgroup. ACS Playgroup Building. (580)-442-4916. 10:30AM.

ACS & More Tour. Welcome Center Bldg. 10:30 AM.

***Elgin Community Library.** Read to the Elgin Animal Shelter pets. 4PM.

***Page Turners Book Club.** The Heaven and Earth Book Store. Lawton Library. 6PM.

Wednesday, 9/11:

Remembrance Run. Mchair Hall. Open to Public, \$35 package, \$20 t-shirt, \$15 medal. 8 AM.

Storytime w/ NPSP. NYE Library. 580-442-4916. 10 AM.

***Elgin Community Library.** Wiggles Story Time. 10:30AM.

NYE Library Storytime. 11AM. NYE Library. (580)-442-2048.

USO: Fueling the Troops. Chicken Pot Pie. USO Building. 11:30 AM.

Financial Readiness - Promotion. BLDG 4700, Rm 216/ Virtual. (580)-442-3080/4916. 2:30PM.

Maker Space Kids. NYE Library. 4 PM.



Week of September 12-16

Thursday, 9/12:

- Playgroup w/NPSP**, ACS Playgroup Building. (580) 442-4916. 9:30AM.
- *Elgin Community Library**, STEAM. 10:30AM.
- Job and Education Fair**, 2502 Sheridan Rd (ACS). 1 PM - 4 PM.
- Flag Football Smart Start Registration Ends**.
- *Elgin Community Library**, Adultish Craft (Create Bookmarks). 6:30 PM.

Friday, 9/13:

- NYE Library Storytime**, NYE Library. (580)-442-2048. 10 AM.
- *Popcorn and Pickles**, Lawton Library. 2 PM.

Saturday, 9/14:

- *Elgin Community Library**, Book n' Hookers. 9 AM -12 PM.
- *Cops n Kids**, Elmer Thomas Park. 10 AM-2 PM.
- *Computer Teardown**, Lawton Library. 1 PM.
- Leslie Powell Exhibition Opening**, Leslie Powell Gallery. 6PM.
- Cosmic Bowling**, Twin Oaks. \$70. 7 PM- 9 PM.

Monday, 9/16:

- *Story Time at Chick Fil A**, Chick Fil & Lawton Library. 9 AM.
- Archery Registration Open**, CYS. through 10/17
- *Elgin Community Library**, Read & Feed Book Club. 6:30PM.



Week of September 17-20

Tuesday, 9/17:

NPSP Smart Sprout Class - Nutrition. (1-3 Year). ACS Playgroup Bldg. 9:30 AM.

***Storytime.** Lawton Library. 10 AM.

Overseas Brief. BLDG 4700, RM 227. (580)-442-4916. 10AM

NPSP Parent Education Class - Introducing Solids. ACS Playgroup Bldg. 10:45 AM.

***Digitize Photos Class.** Lawton Library. 11 AM.

***Cover to Cover Book Club.** Lawton Library. 6PM.

Wednesday, 9/18:

Storytime w/ NPSP. NYE Library. 580-442-4916. 10 AM.

***Elgin Community Library.** Wiggles Story Time. 10:30AM.

NYE Library Storytime. NYE Library. (580)-442-2048. 11AM.

USO: Fueling the Troops. Chicken Tacos. USO Building. 11:30 AM.

Maker Space Kids. NYE Library. 4 PM.

***NAMI Class.** Lawton Library. 6PM.

Thursday, 9/19:

USO: Coffee O Clock. Spaghetti & Meatballs. USO Building. 7:30 AM- 9 AM.

Playground w/ NPSP. ACS Playgroup Building. (580) 442-4916. 9:30 AM.

NAF Property Sale. 10AM-2PM 3328 Naylor Rd.

Elgin Community Library. STEAM. 10:30AM.

Friends of ECL Book sale. from 9-6 at Fletcher Fairgrounds.

Let's Talk About It; Speaker: Dr. Fennema. Cameron University Library. 6 PM.

Friday, 9/20:

NPSP Kiddo Classes Caravan Club. (4-5 Years) Scavenger Hunt. Martha Songbird Trail.

NAF Property Sale. Open to Public. 10AM-2PM

NYE Library Storytime. NYE Library. (580)-442-2048. 10AM.

***Kids Finance Class.** Lawton Library. 2 PM.

77th Army Band Farewell Concert. McMahon Memorial Auditorium. 7 PM.



Week of September 21-24

Saturday, 9/21:

Touch a Truck. PX. 9 AM- 2 PM.

* **Book Swap.** Lawton Library. 10 AM.

* **Elgin Community Library.** Friends ECL book sale from 9-6 at Fletcher Fairgrounds

* **Elgin Community Library.** Book n' Hooker . 9 AM-12 PM.

* **Elgin Community Library.** Grow Getters Houseplant Club. 10AM.

* **Making Music Instrument Making.** Lawton Library. 2PM.

Cosmic Bowling. Twin Oaks. \$70 7-9PM.

Monday, 9/23:

NPSP Open Play Zone. ACS Playgroup Bldg. (580)-442-4916. 9:30 AM.

***Legal Aid: Expungement.** Lawton Library. 5 PM-6 PM.

Tuesday, 9/24:

* **Elgin Community Library.** Biblioposse (Book club). 9AM.

NPSP Smart Sprout Class. (New Sibling). 930-1030AM. ACS Playground Bldg.

* **Story Time.** Lawton Library. 10 AM.

* **Resume Writing.** Lawton Library. 10 AM.

EEMP Playgroup. ACS playgroup bldg 10:30 AM.

USO: STEM Craft. USO Building. 11 AM.

***Teen Game Night.** UNO. Lawton Library. 5 PM.



Week of September 25-28

Wednesday, 9/25:

NPSP Open Play Zone. 930-1130 AM. ACS Playgroup Bldg. (580)-442-4916.

SFRG Training FT Conference Center. Informal Funds and Fundraising, SFRG Administration and Operations. Fort Sill Conference Center. 9:30 AM- 12 PM.

Storytime w/ NPSP. NYE Library. 10:00 AM - 11:00 AM. 580-442-4916.

NYE Library Storytime. 11AM. NYE Library. (580)-442-2048.

USO: Fueling the Troops. Chicken Tenders. USO Building. 11:30 AM.

Maker Space Kids. NYE Library. 4 PM- 5:30 PM.

* **NAMI.** Lawton Library. 6PM.

* **Elgin Community Library.** Wigglers Story Time. 10:30AM.

Thursday, 9/26:

Playgroup w/ NPSP. ACS Playgroup Bldg. (580)-442-4916. 9:30 AM.

SFRG Training FT Conference Center. Care Team and Volunteer Management. 9 AM- 12 PM.

* **Community Hiring Event.** Lawton Farmers Market Building. 10 AM-2 PM.

* **Elgin Community Library.** STEAM. 10:30 AM.

* **Cameron Choir Concert.** First Presbyterian Church. 7:30 PM.

Friday, 9/27:

NYE Library Storytime. 10AM. NYE Library. (580)-442-2048.

APLAS Luncheon. Patriot Club. 11:30 AM.

***STEM Lego Event.** Lawton Library. 4:30 PM.

USO: Game Night. USO Building. 5 PM- 7 PM.

***Teen After Hours.** Lawton Library. 7 PM.

* **International Fest**

Saturday, 9/28:

Tour De Cycling. Letra \$45 open to public. 7 AM.

* **Elgin Community Library.** Book n' Hookers. 9 AM- 12 PM.

Wine & Paint. Patriot Club. 6 PM.

Cosmic Bowling Twin Oaks. \$70. 7 PM- 9 PM.

International Fest.



Sports Registrations:

Archery, ages 8-18, \$45: September 16- October 17th

Flag Football Smart Start, ages 3-4, \$25: August 5th-September 12th

12 U Football, ages 10-12, \$50: August 5th- September 12th

Taekwondo, ages 8-18: August 12th- September 26th





OUTDOOR RECREATION / DFMWR

Sarah Rucker
LETRA Manager



WARRIOR ADVENTURE QUEST

Purpose: To facilitate the connection between the challenges of participation in a high adventure activity and the challenges of Soldier transition after deployment, the recommendation of the IPT was to combine high adrenaline outdoor recreation (ODR) activities with the Army Medical Department (AMEDD) psychological resiliency building program. Their Leader-led after action debriefing (L-LAAD) techniques were fashioned to create such a connection and assist Soldiers in realizing a “new normal”.

Any Army Unit is eligible for WAQ once per every 12 months, regardless of deployment status.

Army National Guard and Reserve are considered Army Units and therefore eligible, while under Title 10 status.

If you would like your unit to participate in a WAQ event, please contact Brianna Wilcox at 580-442-7835, or Sarah Rucker at 580-442-7066





Corvias

Steve Walls
Assistant Operations Director



Corvias Updates

- From February 2024 to August 2024, we have completed a total of **917 roof repairs and/or replacements**.
- We completed over **1,900 work orders** for the month of August.
- **Occupancy is currently at 98%**. Currently, we have openings in the SGO & FGO rank bands.
- Today, we will be hosting our residents dogs at our **annual Pooch Plunge** at our Southern Plains Community Center from 1-5pm. Bring your dog for a swim, dog treats, and photo opportunities.
- We are joining with MWR and will be hosting an installation wide **Trunk-or-Treat** on 10/26/24 from 4:30-6:30 pm at the Youth Center at 1010 Fort Sill Blvd.





Natural Resources Branch/DPW

Jeremiah Zurenda
Natural Resources Branch Chief



Fort Sill Deer and Elk Seasons 2024-2025

Archery Elk

23 SEPT - 4 OCT

Archery Deer

5 OCT - 31 DEC

Deer Muzzleloader

5 OCT - 11 OCT (Primitive)

12 OCT - 18 OCT (Modern)

Deer/Elk Gun

30 NOV, 1, 7, 8,
14, 15, 21, 22 DEC

Late Cow Elk Archery

1 JAN - 31 JAN

Pending Remaining Quota

Late Cow Elk Gun

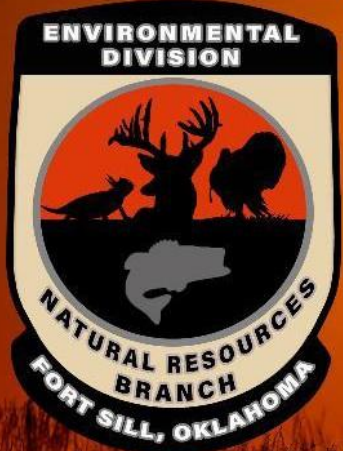
11 JAN - 12 JAN

Pending Remaining Quota



*Reference FS200-1 for current hunting regulations

** Elk Archery, Modern Muzzleloader, Deer Gun, Elk Gun, and Late Cow Elk Gun Will all be administered via online draw through Sportsman.



2024-2025 Hunting Season

- Make sure and stop by Bldg 1458 Sportsman Services to validate your accounts before purchasing hunting or fishing permits.
- Changes are coming to our sportsman safety class.
 - Natural Resources is working on a digital version of the sportsman safety course.
 - This will offer easier access to the course. Users will still be vetted in person at Bldg 1459 after completing the course.
- Deer Surveys have been completed
 - Data is being analyzed to determine big game quotas for the 24-25 season.
 - Quotas will be included in the Deer and Elk circular.
- Dove Season opened 1 SEPT!
- Archery Elk 1st area assignment will take place at 1200 on 27 SEPT.
 - Lottery procedures for all big game seasons will be releases
 - NLT 10 SEPT with the Deer and Elk Circular





Armed Forces Wellness Center

Allison Powers
Health Educator



BUILD YOUR FITNESS PROFILE

- Body Composition Testing
- Cardiorespiratory Fitness Testing
- Muscular Fitness Testing
- Metabolic Analysis



These results, along with your goals, will assist us in developing a personalized exercise program.



Open to members of the Armed Forces, their Family Members 18 +, Retirees, and DOD Civilians.

Health Education Classes Offered Weekly at 9 AM.

CHALLENGE

- 3 WINNERS
- Fun MINI challenges
- Workout plans
- Accountability Coach

 FORT SILL AFWC

FALL INTO FITNESS CHALLENGE




3 WINNERS

- Most Points
- Greatest Body Composition Change
- Most Fat Free Mass Gained

REGISTER BY 6 SEPT

580-442-0680
2934 MARCY ROAD



Fort Sill R2 Performance Center

Dee Morrow

Master Resilience Trainer- Performance Expert



Performance Center Capabilities

Resilience

- Master Resilience Trainer Courses
- Observation and feedback for unit level MRTs
- Deployment Cycle Resilience Training Certification
- Executive Resilience and Performance Courses

Performance Enhancement

- Leader Development Course
- Organization or Unit-specific training
- Individual Mastery sessions
- Academic Performance Training

Leader Enhancement & Unit Cohesion

- Squad Leader Development Course
- Great Teams Workshop
- Counseling Enhancement Workshop
- Gaining Resilience in Training (GRIT)

Prevention & Intervention Training

- ENGAGE – Prosocial behavior and bystander intervention
- Ask Care Escort – Suicide Intervention



Contact Us

Fort Sill R2 Performance Center
2934 Marcy Rd
Fort Sill, OK 73503

(580) 442-6054

SillR2PerformanceCenter@gmail.com



Fort Sill R2 Performance Center
www.facebook.com/SillR2PC



@sillr2pc



FORT SILL
R2 PERFORMANCE
CENTER



Family- MWR Special Events

Ethan Briner

Special Events Coordinator/BOSS Advisor



PATRIOT CLUB AFTER DARK PRESENTS

COMEDY NIGHT ¹⁶⁺

PATRIOT CLUB

HOST




LEONARD OUZTS **RYAN LAPOINTE**

SAT. SEPT 7 **\$15 IN ADVANCE**
6PM | 8PM **\$20 AT THE DOOR**

SPONSORED BY:  **ARMY HOTELS**

For more information: ethan.briner.naf@army.mil SillArmyMWR.com



September 7

SEPTEMBER 11TH

REMEMBRANCE RUN

FORT SILL — 20 — OKLAHOMA — 24 —

FORT SILL MCNAIR HALL · 8 AM · \$35

4 MILE RUN · 4 MILE RUCK · 1 MILE FUN RUN/WALK

\$35/PERSON
 T-Shirt and Medal Package \$35,
 Just a T-Shirt \$20, Just a Medal \$15
 (while supplies last)

In-person registration is available at the
 Welcome Center (Bldg. 4700, 151N)
 and Fires Fitness Center

FREE TO PARTICIPATE
OPEN TO THE PUBLIC

ONLINE REGISTRATION
 Scan the QR code to
 register in advance or
 visit SillArmyMWR.com

VISITOR WELCOME CENTER
 Scan the QR code for more
 information about retrieving
 a visitor's pass onto Fort Sill.




For more information:
SillArmyMWR.com
ethan.briner.naf@army.mil



September 11

DOG DAYS OF SUMMER

At Quinette Pool

SUNDAY, SEPTEMBER 15
11AM - 2PM



DJ RONSKI IN THE MIX

BRING YOUR PUP OUT BEFORE WE DRAIN THE POOL! PRIZES FOR BEST WATER FETCH, LAZIEST SUN BATHER, & BIGGEST SPLASH!

FREE AND OPEN TO EVERYONE.

For more information:
 Call: (580) 442-4325
 Email: ethan.briner.naf@army.mil

Follow us on Facebook for up-to-date information or visit: SillArmyMWR.com



September 15



DEVIL DOG RUN

SATURDAY, SEPT 21

8AM • PATRIOT CLUB

\$35/PERSON

OPEN TO THE PUBLIC.

FOR REGISTRATION TODAY!
REGISTER ONLINE BY SCANNING THE QR CODE. REGISTER IN PERSON BY VISITING THE WELCOME CENTER (Bldg. 4700, 151N) OR FIRES FITNESS CENTER. OPEN TO THE FIRST 300 REGISTRATIONS.

VISITOR WELCOME CENTER
SCAN THE QR CODE FOR MORE INFORMATION ABOUT RETRIEVING A VISITOR'S PASS ONTO FORT SILL.

AGE RESTRICTIONS:
MEN: 20 POUNDS
WOMEN: 10 POUNDS

For more information: Call: (580) 442-4239
Email: ethan.r.briner.na@army.mil

Follow us on Facebook for up-to-date information or visit: SillArmyMWR.com

U.S. ARMY

September 21

Wine AND Paint

SATURDAY, SEPT 28
Patriot Club | 6PM

Join us for an evening of wine and painting. Cost is \$45 and includes a complimentary glass of wine or non alcoholic beverage.

RESERVE YOUR SPOT TODAY!
PATRIOT CLUB : (580) 442-5300
WENDY'S MOBILE PAINTING PARTIES (281) 686 -1803
WED - SUN : 12-4 PM

Wendy's Mobile Painting Parties

For more information: SILL.ARMYMWR.COM • (580) 678-0011

U.S. ARMY

September 28

Oktoberfest Sill

October 5 • 9 am • Patriot Club
1 Mile • 5K • 5K Ruck
5K Ruck Weights: Men: 20 Pounds | Women: 10 Pounds

\$35/Person
Limited-edition T-Shirt, Bib, and Medal (8 AM: Check-in and day of pick-up opens)

In-person registration is available at the Welcome Center (Bldg. 4700, 151N) and Fires Fitness Center

ONLINE REGISTRATION
Scan the QR code to register in advance or visit: SillArmyMWR.com

VISITOR WELCOME CENTER
Scan the QR code for more information about retrieving a visitor's pass onto Fort Sill.

For more information: SillArmyMWR.com
ethan.r.briner.na@army.mil

U.S. ARMY

October 5

FORT SILL'S TRUNK OR TREAT

26 OCT

4:30PM - 6:30PM

YOUTH CENTER

COME BE PART OF FORT SILL'S LARGEST TRUNK OR TREAT. OPEN TO ALL BDE, FRG'S, AND ORGANIZATIONS ON FORT SILL. TO VOLUNTEER OR SET-UP, CONTACT GINA OLIVAS (580) 442-4756 OR GINA.A.OLIVAS.NAF@ARMY.MIL

For more information: SillArmyMWR.com
Call: (580) 442-4745/5959
Visit: 1010 NW Fort Sill Blvd, Fort Sill, OK 73503

Join our CY5 Facebook Group!

U.S. ARMY

October 26





Reynolds Army Hospital Clinic



New Providers at RAHC



Maj. Michael Willcox M.D.
Family Medicine



Ltc. Michael Stevens
Optometry Clinic



Maj. June Struder
Nurse Practitioner
Bleak TMC



Ltc. Derek Stranton
Pharmacy





Reynolds Army Hospital Clinic

- **2024-2025 Flu Drive**
 - Shipment of vaccines expected late September/early October
 - Active Duty will receive their flu vaccine with their unit OR contact Army Public Health Nursing Clinic to schedule flu rodeos
- **POC**
 - Shelby Quickle, APHN
 - 580-558-8456 or shelby.n.quickle.civ@health.mil





AAFES

Hollie Morales

General Manager – Fort Sill Consolidated Exchange



AAFES Upcoming Changes

- North Express Renovation 2.0 – Projected completion early December 2024
- Renovation has already begun to update the facility and will include new food options!



- Closure: Boulevard Express (4117 Fort Sill Blvd by Scott Gate) will be closing on 27 Sept 2024
- Currently soliciting a Name Brand Food operation for Bldg 4117





Questions Comments Requests





NEXT SILL F.A.C.T.S.

October 1, 11 AM





CLOSING REMARKS

